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Frigdilmod
Capsules
20080807

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use FINGOLIMOD CAPSULES safely and effectively. See full prescribing information for FINGOLIMOD CAPSULES.

FINGOLIMOD capsules, for oral use
Initial U.S. Approval: 2010

INDICATIONS AND USAGE

Fingolimod is a sphingosine 1-phosphate receptor modulator indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in patients 10 years of age and older. (1)

DOSAGE AND ADMINISTRATION

- Assessment are required prior to initiating fingolimod capsules (2.1)
- Recommended dosage: one capsule (0.5 mg) taken orally once daily (2.2)
- First-Dose Monitoring (including restitution after discontinuation greater than 14 days and dose increase):
  - Observe all patients for bradycardia for at least 6 hours; monitor pulse and blood pressure hourly. Electrocardiograms (ECGs) prior to dosing and at end of observation period required. (2.4)
  - Monitor until resolution if heart rate < 45 beats per minute (bpm) in adults, < 55 bpm in patients aged 12 years and above, or < 45 bpm in pediatric patients aged 10 to below 12 years, atrioventricular (AV) block, or if lowest pulse or heart rate is at the end of the observation period. (2.4)
  - Monitor symptomatic bradycardia with ECG until resolved. Continue overnight if intervention is required; repeat first-dose monitoring for second dose. (2.4)
  - Consider patients overnight at risk of symptomatic bradycardia, heart block, prolonged QTc interval, or if taking drugs with known risk of torsades de pointes. (2.4, 5.1)

DOSAGE FORMS AND STRENGTHS

0.5 mg hard capsules (3)

CONTRAINDICATIONS

- Recent myocardial infarction, unstable angina, stroke, transient ischemic attack, decompensated heart failure with hospitalization, or Class III/IV heart failure. (4)
- History of Mobitz Type II 2nd degree or 3rd degree AV block or sick sinus syndrome, unless patient has a pacemaker. (4)
- Baseline QTc interval ≥ 500 msec. (4)
- Cardiac arrhythmias requiring anti-arrhythmic treatment with Class Ia or Class III anti-arrhythmic drugs. (4)
- Hypersensitivity to fingolimod or its excipients. (4)

WARNINGS AND PRECAUTIONS

- Infections: Fingolimod may increase the risk. Obtain a complete blood count (CBC) before initiating treatment. Monitor for infection during treatment and for 2 months after discontinuation. Do not start in patients with active infections. (5.2)
- Progressive Multifocal Leukoencephalopathy (PML): Withhold fingolimod at the first sign or symptom suggestive of PML. (5.3)
- Macular Edema: Examine the fundus before and 3 to 4 months after treatment start. Diabetes mellitus and uveitis increase the risk. (5.4)
- Liver Injury: Obtain liver enzyme results before initiation and periodically during treatment. Closely monitor patients with severe hepatic impairment. Discontinue if there is evidence of liver injury without other cause. (5.5, 8.6, 12.3)
- Posterior Reversible Encephalopathy Syndrome (PRES): If suspected, discontinue fingolimod. (5.6)
- Respiratory Effects: Evaluate when clinically indicated. (5.7)
- Fetal Risk: May cause fetal harm. Advise females of reproductive potential of the potential risk to a fetus and to use an effective method of contraception during treatment and for 2 months after stopping fingolimod. (5.8, 8.1, 8.3)
- Severe Increase in Disability After Stopping Fingolimod: Monitor for development of severe increase in disability following discontinuation and begin appropriate treatment as needed. (5.9)
- Tumefactive MS: Consider when severe MS relapse occurs during treatment or after discontinuation. Obtain imaging and begin treatment accordingly.
- Immune Effects Prevent HSV: Monitor IDP during treatment. (5.11)
- Vaccinations: Temporarily interrupt live vaccines should be evaluated. (5.12)

ADVERSE REACTIONS

Most common adverse reactions (incidence ≥ 10% and greater than placebo): Headache, liver transaminase elevation, diarrhea, cough, influenza, sinusitis, back pain, abdominal pain, and pain in extremity. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Novaxs Labs Limited at 1-866-495-1995 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

- Systemic Corticosteroids: Monitor during concomitant use. (7.2, 12.3)
- Drugs that Prolong the QT Interval: Avoid concomitant use. Consider after stopping fingolimod treatment. (5.2, 7.3)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 07/2012

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FULL PRESCRIBING INFORMATION

1 INDICATIONS AND USAGE

Fingolimod capsules are indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in patients 10 years of age and older.

2 DOSAGE AND ADMINISTRATION

2.1 Assessment Prior to Initiating Fingolimod Capsules

Cardiac Evaluation

Obtain a cardiac evaluation in patients with certain preexisting conditions *[see Warnings and Precautions (5.1)]*.

Prior to starting treatment, determine whether patients are taking drugs that could slow heart rate or atrioventricular (AV) conduction *[see Dosage and Administration (2.4), Drug Interactions (7.4)]*.

Complete Blood Count (CBC)

Review results of a recent CBC *[see Warnings and Precautions (5.2), Drug Interactions (7.4)]*.

Liver transaminases (ALT and AST) and Total Bilirubin Levels

Prior to starting treatment with fingolimod capsules (i.e., within 6 months), obtain serum transaminases (ALT and AST) and total bilirubin levels *[see Warnings and Precautions (5.5)]*.

Prior Medications

If patients are taking antineoplastic, immunosuppressive, or immune-modulating therapies, or if there is a history of prior use of these drugs, consider possible unintended additive immunosuppressive effects before initiating treatment with fingolimod capsules *[see Warnings and Precautions (5.2), Drug Interactions (7.3)]*.

Vaccinations

It is preferable for antibodies to varicella zoster virus (VZV) before initiating fingolimod capsules. VZV vaccination of antibody-negative patients is recommended prior to commencing treatment with fingolimod capsules *[see Warnings and Precautions (5.2)]*. It is recommended that patients if possible, complete all immunizations in accordance with current immunization guidelines prior to initiating fingolimod capsules therapy.

2.2 Important Administration Instructions

Patients who initiate fingolimod capsules, and those who reinitiate treatment after discontinuation for longer than 14 days, require first-dose monitoring. This monitoring is also recommended when the dose is increased in pediatric patients *[see Dosage and Administration (2.4, 2.5)]*.

Fingolimod capsules can be taken with or without food.

2.3 Recommended Dosage

For patients aged 10 years of age and older weighing more than 40 kg, the recommended dosage of fingolimod capsules is 0.5 mg orally once daily.

Fingolimod dose higher than 0.5 mg are associated with a greater incidence of adverse reactions without additional benefit.

2.4 First-Dose Monitoring

Initiation of fingolimod capsules treatment results in a decrease in heart rate, for which monitoring is recommended *[see Warnings and Precautions (5.1), Clinical Pharmacology (12.2)]*. Prior to dosing and at the end of the observation period, obtain an electrocardiogram (ECG) in all patients.

Overnight Monitoring

Continue overnight monitoring if the following occurs if any of the following is present in the absence of symptoms) after 6 hours:

- The heart rate 6 hours post dose is less than 45 bpm in adults, less than 55 bpm in pediatric patients 12 years of age and older, or less than 45 bpm in pediatric patients 10 at 11 years age
- The heart rate 6 hours post dose is at the lowest value post dose suggesting that the maximum pharmacodynamic effect on the heart may not have occurred
- The ECG 6 hours post dose shows new-onset second-degree or higher AV block.

If overdose symptomatic bradycardia occurs, initiate appropriate management, begin continuous ECG monitoring, and continue monitoring until the symptoms have resolved if no pharmacological treatment is required. If pharmacological treatment is required, continue monitoring overnight and repeat 6 hour monitoring after the second dose.

Overnight Monitoring

Continuous overnight ECG monitoring is a medical facility should be instituted:

- in patients that require pharmacologic intervention for symptomatic bradycardia. In these patients, the first-dose monitoring strategy should be repeated after the second dose of fingolimod capsules
- in patients with a baseline second-degree AV block, Mobitz type I (Wenckebach) *[see Warnings and Precautions (5.1)]*
- in patients with a prolonged QTc interval before dosing or during 6 hour observation, or an additional risk for QT prolongation, or on concurrent therapy with QT prolonging drugs with a known risk of torsades de pointes *[see Warnings and Precautions (5.1), Drug Interactions (7.1)]*
- in patients receiving concurrent therapy with drugs that slow heart rate or AV conduction *[see Drug Interactions (7.5)]*.

2.5 Monitoring After Restitution of Therapy Following Discontinuation

When restarting fingolimod capsules after discontinuation for more than 14 days after the first month of treatment, perform first-dose monitoring, because effects on heart rate and AV conduction may recur on reinitiation of fingolimod capsules treatment *[see Dosage and Administration (2.4)]*. The same precautions (first-dose monitoring) as for initial dosing are applicable. Within the first 2 weeks of treatment, first-dose procedures are recommended after interruption of 1 day or more during Weeks 2 and 4 of treatment, first-dose procedures are recommended after treatment interruption of more than 7 days.

3 DOSAGE FORMS AND STRENGTHS

Fingolimod capsules are available as 0.5 mg bright yellow capsule shape with body size '4' hard gelatin capsule imprinted with 'A' on cap with black ink and 'T7' in body with black ink, filled with white to off-white powder.

4 CONTRAINDICATIONS

Fingolimod capsules are contraindicated in patients who have:

- in the last 6 months experienced myocardial infarction, unstable angina, stroke, TIA, decompensated heart failure requiring hospitalization or Class III/IV heart failure
- a history or presence of Mobitz Type II second-degree or third-degree AV block or sick sinus syndrome, unless patient has a functioning pacemaker *[see Warnings and Precautions (5.1)]*
- baseline QTc interval ≥ 500 msec
- cardiac arrhythmias requiring anti-arrhythmic treatment with Class Ia or Class III anti-arrhythmic drugs
- had a hypersensitivity reaction to fingolimod or any of the excipients in fingolimod capsules. Observed reactions include rash, urticaria, and angioedema upon treatment initiation *[see Warnings and Precautions (5.14)]*.

5 WARNINGS AND PRECAUTIONS

5.1 Bradyarrhythmia and Atrioventricular Blocks

Because of a risk for bradyarrhythmia and AV blocks, patients should be monitored during fingolimod treatment initiation *[see Dosage and Administration (2.4)]*.

Reduction in Heart Rate

After the first dose of fingolimod, the heart rate decrease starts within an hour. On Day 1, the maximum decline in heart rate generally occurs within 6 hours and recovers, although not to baseline levels, by 8 to 10 hours postdose. Because of physiological dose variation, there is a second period of heart rate decrease within 24 hours after the first dose. In some patients, heart rate decrease during the second period is more pronounced than the decrease observed in the first 6 hours. Heart rate below 40 beats per minute (bpm) in adults, and below 50 bpm in pediatric patients occurred rarely. In controlled clinical trials in adult patients, adverse reactions of symptomatic bradycardia following the first dose were reported in 0.8% of patients receiving fingolimod 0.5 mg and in 0.2% of patients receiving placebo. Most events occurred on the day of initiation and resolved within 24 hours. Symptoms included palpitations, dizziness, fatigue, palpitations, and/or chest pain that usually resolved within the first 24 hours on treatment.

Patients with some preexisting conditions (e.g., ischemic heart disease, history of myocardial infarction, congestive heart failure, history of cardiac arrest, cerebrovascular disease, uncontrolled hypertension, history of symptomatic bradycardia, history of recurrent syncope, severe untreated sleep apnea, AV block, sinoatrial heart block) may poorly tolerate the fingolimod-induced bradycardia, or experience more severe rhythm disturbances after the first dose of fingolimod. Prior to treatment with fingolimod, these patients should have a cardiac evaluation by a physician appropriately trained to conduct such evaluation, and if treated with fingolimod, should be monitored overnight with continuous ECG monitoring in a medical facility after the first dose.

Since initiation of fingolimod treatment, results in decreased heart rate and may prolong the QT interval, patients with a prolonged QTc interval (> ~450 msec adult and pediatric males, > ~470 msec adult females, or > ~480 msec pediatric females) before dosing or during 6 hour observation, or an additional risk for QT prolongation (e.g., hypokalemia, hypomagnesemia, congenital long QT syndrome), or on with concurrent therapy with QT prolonging drugs with a known risk of torsades de pointes (e.g., ziprasidone, chloroquine/zine, halogenidol, methadone, erythromycin) should be monitored overnight with continuous ECG in a medical facility following the initial dose. A further decrease in heart rate may occur when compared to the heart rate prior to the second dose, but this change is of a smaller magnitude than that observed following the first dose. With continued dosing, the heart rate returns to baseline within 1 month of chronic treatment. Dose interruption of more than 14 days requires a dose re-titration over the first dose although milder effects on heart rate may persist for, on average, 2 to 4 weeks after initiation of therapy at which time heart rate progressively returns to baseline. Physicians should continue to be alert to the potential reports of cardiac symptoms.

Atrioventricular Blocks

In clinical studies, decreased treatment has resulted in transient AV conduction delays. In controlled clinical trials in adult patients, first-degree AV block after the first dose occurred in 4.2% of patients receiving fingolimod 0.5 mg and 1.6% of patients receiving placebo in a study of 667 patients with available 24-hour Holter monitoring data after their first dose (N = 292) receiving fingolimod and N = 346 on placebo), second-degree AV block (Mobitz Type I (Wenckebach)) occurred in 4% (N = 14) of patients receiving fingolimod and 2% (N = 7) of patients on placebo. Of the 14 patients receiving fingolimod, 7 patients had 2:1 AV block (5 patients within the first 6 hours postdose and 2 patients after 6 hours postdose), 6 patients had Mobitz Type I (Wenckebach) and occurred after the first 12 hours postdose. The conduction abnormalities were usually transient and asymptomatic, and resolved within 24 hours of first dose. No patient required treatment with atropine or pacemaker implantation.

Postmarketing Experience

In the postmarketing setting, third-degree AV block and AV block with junctional escape have been observed rarely the first dose 6 hour observation period with fingolimod. Isolated delayed onset events, including transient asystole and unexplained death, have occurred rarely after the first dose. These events were not preceded by concomitant medications and/or preexisting disease, and the relationship to fingolimod is uncertain. Cases of syncope were also reported after the first dose of fingolimod.

5.2 Infections

Risk of Infection

Fingolimod causes a dose-dependent reduction in peripheral lymphocyte count to 20% to 30% of baseline values because of reversible sequestration of lymphocytes in lymphoid tissues. Fingolimod may therefore increase the risk of infections, some serious *[see Clinical Pharmacology (12.2)]*. Life-threatening and fatal infections have occurred in association with fingolimod.

Before initiating treatment with fingolimod, a recent CBC (i.e., within 6 months or after discontinuation of prior therapy) should be available. Consider suspending treatment with fingolimod if a patient develops a serious infection, and reassess the benefits and risks prior to restarting therapy. Because the elimination of fingolimod after discontinuation may take up to 2 months, continue monitoring for infections throughout this period. Instruct patients receiving fingolimod to report symptoms of infections to a physician. Patients with active serious infections should initiate appropriate treatment and the infection(s) is resolved.

In MS placebo-controlled trials in adult patients, the overall rate of infections (72%) with fingolimod was similar to placebo. However, bronchitis, herpes zoster, influenza, sinusitis, and pneumonia were more common in fingolimod-treated patients. Serious infections occurred at a rate of 2.3% in the fingolimod group versus 1.6% in the placebo group.

In the postmarketing setting, serious infections with opportunistic pathogens including viruses (e.g., John Cunningham virus (JCV), herpes simplex viruses 1 and 2, varicella zoster virus), fungi (e.g., cryptococci), and bacteria (e.g., atypical mycobacteria) have been reported with fingolimod. Patients with symptoms and signs consistent with any of these infections should undergo prompt diagnostic evaluations and appropriate treatment.

Herpes Viral Infection

In placebo-controlled trials in adult patients, the rate of herpetic infections was 6% in patients receiving fingolimod 0.5 mg and 7% on placebo.

Two patients died of herpetic infections during controlled trials. One death was due to disseminated primary herpes zoster and the other was to herpes simplex encephalitis. In both cases, the patients were taking a 1.25 mg dose of fingolimod higher than the recommended 0.5 mg dose and had received high-dose corticosteroid therapy to treat suspected MS relapses.

Serious, life-threatening events of disseminated varicella zoster and herpes simplex infections, including cases of encephalitis and meningoencephalitis, have occurred with fingolimod in the postmarketing setting. Include disseminated herpetic infections in the differential diagnosis of patients who are receiving fingolimod and present with an atypical MS relapse or multiple or bizarre.

Cases of Kaposi's sarcoma have been reported in the postmarketing setting. Kaposi's sarcoma is an angioproliferative disorder that is associated with infection with human herpes virus 8 (HHV-8). Patients with symptoms or signs consistent with Kaposi's sarcoma should be referred for prompt diagnostic evaluation and management.

Cryptococcosis Infections

Cryptococcal infections, including cases of fatal cryptococcal meningitis and disseminated cryptococcal infections, have been reported with fingolimod. Initial immunocompromise (e.g. Cryptococcal infections have generally occurred after approximately 2 years of fingolimod exposure, but cases have occurred as early as 1 month after initiation of fingolimod. Consider the duration of treatment in unknown. Patients with symptoms and signs consistent with a cryptococcal infection should undergo prompt diagnostic evaluation and treatment.

Pre-and Concomitant Treatment with Antineoplastic, Immunosuppressive, or Immune-Modulating Therapies

In clinical studies, patients who received fingolimod did not receive concomitant treatment with antineoplastic, non-corticosteroid immunosuppressive, or immune-modulating therapies used for treatment of MS. Concomitant use of fingolimod with any of these therapies, and also with corticosteroids, would be expected to increase the risk of immunosuppression *[see Drug Interactions (7.4)]*.

When switching to fingolimod from immune-modulating or immunosuppressive medications, consider the duration of their effects and their mode of action to avoid additive and/or unintended immunosuppressive effects.

Varicella Zoster Virus Antibody Testing Recommendation

Patients without a healthcare professional confirmed history of chickenpox or without documentation of a full course of vaccination against VZV should be tested for antibodies to VZV before initiating fingolimod. VZV vaccination of antibody-negative patients is recommended prior to commencing treatment with fingolimod, following which initiation of treatment with fingolimod should be postponed for 1 month to allow the full effect of vaccination to occur *[see Drug Interactions (7.2), Use in Specific Populations (8.4)]*.

Human Papilloma Virus (HPV) Infection

Human papilloma virus (HPV) infection, including papilloma, dysplasia, warts, and HPV-related cancer, have been reported in patients treated with fingolimod in the postmarketing setting. Vaccination against HPV should be considered prior to treatment initiation with fingolimod, taking into account vaccination recommendations. Cancer screening, including Papanicolaou (Pap) test, is recommended as per standard of care for patients using an immunosuppressive therapy.

5.3 Progressive Multifocal Leukoencephalopathy

Cases of progressive multifocal leukoencephalopathy (PML) have occurred in patients with MS who received fingolimod in the postmarketing setting. PML is an opportunistic viral infection of the brain caused by the JC virus (JCV) that typically occurs in patients who are immunocompromised, and that usually leads to death or severe disability. PML has occurred in patients who received fingolimod who were JCV antibody positive, had a weakened immune system, and had no prior exposure to immunosuppressive or immunomodulatory medications concomitantly, and did not have any ongoing systemic medical conditions resulting in compromised immune system function. The majority of cases have occurred in patients treated with fingolimod for at least 2 years.

The relationship between the risk of PML and the duration of treatment is unknown.

At the first sign or symptom suggestive of PML, withhold fingolimod and perform an appropriate diagnostic evaluation. Typical symptoms associated with PML are changes in or loss of strength, abnormal vision, speech disturbance, or changes in walking, changes or disturbance in sensation, disturbance of vision, and changes in thinking, memory, and orientation leading to confusion and personality changes.

MRI findings may be apparent before clinical signs or symptoms. Cases of PML, diagnosed based on MRI findings and the detection of JCV DNA in the cerebrospinal fluid in the absence of clinical signs or symptoms specific to PML, have been reported in patients treated with MS medications associated with PML, including fingolimod. Many of these patients subsequently became symptomatic with PML. Therefore, monitoring with MRI for signs that may be consistent with PML may be useful, and any suspicious findings should lead to further investigation to allow for an early diagnosis of PML, if present. Lower PML-related mortality and morbidity have been reported if PML is diagnosed before clinical symptoms become apparent. Consider interruption of fingolimod if PML is suspected.

Immune reconstitution inflammatory syndrome has been reported in patients who discontinued fingolimod before PML was diagnosed. This syndrome is thought to be due to restoration of the immune function of the patient's immune system. Symptoms of PML get worse over days to weeks. Cell your doctor right away if you have any new or worsening symptoms.

5.4 Macular Edema

Fingolimod increases the risk of macular edema. Perform an examination of the fundus including the macula in all patients before starting treatment, again 3 to 4 months after starting treatment, and again at any time after a patient reports visual disturbances while on fingolimod therapy.

A dose-dependent increase in the risk of macular edema occurred in the fingolimod clinical development program.

In 2-year double-blind, placebo-controlled studies in adult patients with multiple sclerosis, macular edema with or without visual symptoms occurred in 1.5% of patients (11/1086) treated with fingolimod 1.25 mg, 0.5% of patients (4/1082) treated with fingolimod 0.5 mg, and 0.4% of patients (2/1113) treated with placebo. Macular edema occurred predominantly during the first 3 to 4 months of therapy. These clinical trials excluded patients with diabetes mellitus, a known risk factor for macular edema *[see below Macular Edema in Patients with History of Uveitis or Diabetes Mellitus]*. Cases of macular edema included blurred vision and decreased visual acuity. Routine ophthalmological examination detected macular edema in some patients with no visual symptoms. Macular edema generally partially or completely resolved with or without treatment after drug discontinuation. Some patients had residual visual acuity loss even after resolution of macular edema. Macular edema has also been reported in patients taking fingolimod in the postmarketing setting, usually within the first 4 months of treatment.

Continuation of fingolimod in patients who develop macular edema has not been evaluated. A decision on whether or not to discontinue fingolimod therapy should include an assessment of the potential benefits and risks for the individual patient. The risk of recurrence after rechallenge has not been evaluated.

Macular Edema in Patients with History of Uveitis or Diabetes Mellitus

Patients with a history of uveitis and patients with diabetes mellitus are at increased risk of macular edema during fingolimod treatment. In 2-year clinical studies, macular edema occurred in 6.5% of patients with a history of uveitis. In the combined clinical trial experience in adult patients with all doses of fingolimod, the rate of macular edema was approximately 25% in MS patients with a history of uveitis versus 0.8% in those without a history of uveitis. Fingolimod has not been tested in MS patients with diabetes mellitus. In addition to the examination of the fundus including the macula prior to treatment and at 3 to 4 months after starting treatment, MS patients with diabetes mellitus or a history of uveitis should have regular follow-up examinations.

5.5 Liver Injury

Clinically significant liver injury has occurred in patients treated with fingolimod in the postmarketing setting. Signs of liver injury, including markedly elevated serum hepatic enzymes and elevated total bilirubin, have occurred as early as ten days after the first dose and have also been reported after prolonged use. Cases of acute liver failure requiring liver transplant have been reported.

In 2-year placebo-controlled clinical trials in adult patients, elevation of liver enzymes (ALT, AST and GGT) to 3 times the upper limit of normal (ULN) or greater occurred in 14% of patients treated with fingolimod 0.5 mg and 3% of patients on placebo. Elevations 5-fold the ULN or greater occurred in 4.3% of patients on fingolimod and 1% of patients on placebo. The majority of elevations occurred within the 6 months. In clinical trials, fingolimod was discontinued if the elevation exceeded 5 times the ULN. Serum transaminase levels returned to normal while approximately 2 months after discontinuation of fingolimod. Recurrence of liver transaminase elevations occurred with rechallenge in some patients.

Prior to starting treatment with fingolimod (within 6 months), obtain serum transaminases (ALT and AST) and total bilirubin levels. Obtain transaminase levels and total bilirubin levels periodically and for months after fingolimod discontinuation.

Patients should be monitored for signs and symptoms of any hepatic injury. Measure liver transaminase and bilirubin levels promptly in patients who report symptoms that may indicate liver injury, including new or worsening fatigue, anorexia, right upper abdominal discomfort, dark urine or jaundice. Patients who develop transaminase elevations during fingolimod treatment should be monitored more frequently. If transaminase elevations increase to greater than three times the reference range and if associated total bilirubin greater than two times the reference range, treatment with fingolimod treatment should be interrupted. Treatment should not be resumed if a plausible alternative etiology for the signs and symptoms cannot be established, because these patients are at risk for severe drug-induced liver injury.

Because fingolimod exposure is doubled in patients with severe hepatic impairment, these patients should be closely monitored, as clinical adverse reactions in severe *[see Use in Specific Populations (8.6)]*. *Clinical Pharmacology (12.3)*.

5.6 Posterior Reversible Encephalopathy Syndrome

There have been rare cases of posterior reversible encephalopathy syndrome (PRES) reported in adult patients receiving fingolimod. Symptoms reported included sudden onset of severe headache, altered mental status, visual disturbances, and seizure. Symptoms of PRES are usually reversible but may evolve into ischemic stroke or cerebral hemorrhage. Delay in diagnosis and treatment may lead to permanent neurological sequelae. If PRES is suspected, fingolimod should be discontinued.

5.7 Respiratory Effects

Dose-dependent reductions in forced expiratory volume over 1 second (FEV1) and diffusion lung capacity for carbon monoxide (DLCO) were observed in patients treated with fingolimod. In 2-year placebo-controlled trials in adult patients, the reduction from baseline in the percent of predicted values for FEV1 at the time of last assessment on drug was 2.9% for fingolimod 0.5 mg and 1.0% for placebo. For DLCO, the reductions from baseline in percent of predicted values at the time of last assessment on drug was 3.3% for fingolimod 0.5 mg and 0.5% for placebo. The changes in FEV1 appear to be reversible after treatment discontinuation. There is insufficient information to determine the reversibility of the decrease of DLCO after drug discontinuation. In MS placebo-controlled trials in adult patients, dyspnea was reported in 6% of patients receiving fingolimod 0.5 mg and in 3% of patients on placebo. Dyspnea was rarely reported as a serious adverse reaction. Pulmonary function testing was not performed in the uncontrolled studies. Fingolimod has not been tested in MS patients with compromised respiratory function.

Spirometric evaluation of respiratory function and evaluation of DLCO should be performed during therapy with fingolimod if clinically indicated.

5.8 Fetal Risk

Based on findings from animal studies, fingolimod may cause fetal harm when administered to a pregnant woman. In animal reproduction studies conducted in rats and rabbits, developmental toxicity was observed with administration of fingolimod at doses that produced exposures (AUC) approximately 2 to 3 times the exposure in humans at the maximum recommended human dose. Advise pregnant women of the potential risk to a fetus. Because it takes approximately 2 months to eliminate fingolimod from the body, advise females of reproductive potential to use effective contraception during treatment and for 2 months after stopping fingolimod *treatment [see Use in Specific Populations (8.1, 8.3)]*.

5.9 Severe Increase in Disability After Stopping Fingolimod

Severe increase in disability accompanied by multiple new lesions on MRI has been reported after discontinuation of fingolimod in the postmarketing setting. Patients is near of these reported cases did not return to baseline disease activity before stopping fingolimod. The increase in disability generally occurred within 12 weeks after stopping fingolimod, but was reported up to 24 weeks after fingolimod discontinuation.

When patients discontinue fingolimod, monitor patients for development of severe increase in disability following discontinuation of fingolimod and begin appropriate treatment as needed.

5.10 Tumefactive Multiple Sclerosis

Cases of tumefactive demyelinating lesions have been observed during fingolimod therapy and after fingolimod discontinuation in the postmarketing setting. Most reported cases of tumefactive MS occurred within 6 months of treatment initiation within the first 9 months after fingolimod initiation, but tumefactive MS may occur at any point during treatment. Cases of tumefactive MS have also been reported within the first few 4 months after stopping discontinuation. Tumefactive MS should be considered when a severe MS relapse occurs during fingolimod treatment, especially during initiation, or after discontinuation of fingolimod. Consider imaging and treatment as appropriate.

5.11 Increased Blood Pressure

In adult MS controlled clinical trials, patients treated with fingolimod 0.5 mg had an average increase over placebo of approximately 2 mmHg in systolic pressure, and approximately 2 mmHg in diastolic pressure, first detected after approximately 1 month of treatment initiation and persisting with continued treatment. Hypertension was reported as an adverse reaction in 8% of patients on fingolimod 0.5 mg and in 4% of patients on placebo. Blood pressure should be monitored during treatment with fingolimod.

5.12 Malignancies

Cutaneous Malignancies

The risk of basal cell carcinoma (BCC) and melanoma is increased in patients treated with fingolimod. In two-year placebo-controlled trials in adult patients, the incidence of BCC was 2% in patients on fingolimod 0.5 mg and 1% in patients on placebo *[see Adverse Reactions (6.1)]*. Melanoma, squamous cell carcinoma and Merkel cell carcinoma have been reported with fingolimod in the postmarketing setting. Periodic skin examination is recommended for all patients, particularly those with risk factors for skin cancer. Provides and patients should monitor for suspicious skin lesions. If a suspicious skin lesion is observed, it should be promptly evaluated. As usual for patients with increased risk for skin cancer, exposure to sunlight and ultraviolet light should be limited by wearing protective clothing and using a sunscreen with a high protection factor.

Lymphoma

Cases of lymphoma, including both T cell and B cell types and CNS lymphoma, have occurred in patients receiving fingolimod. The reporting rate of non-Hodgkin lymphoma with fingolimod is greater than that expected in the general population adjusted by age, gender, and region. Cutaneous T cell lymphoma (including mycosis fungoides) has also been reported with fingolimod in the postmarketing setting.

5.13 Immune System Effects Following Fingolimod Discontinuation

Fingolimod remains in the blood and has pharmacodynamic effects, including decreased lymphocyte counts, for up to 2 months following the last dose of fingolimod. Lymphocyte counts generally return to the normal range within 1 to 2 months of stopping therapy *[see Clinical Pharmacology (12.2)]*. Because of the continuing pharmacodynamic effects of fingolimod, initiating other drugs during this period warrants the same considerations needed for concomitant administration (e.g., risk of additive immunosuppressive effects) *[see Drug Interactions (7.4)]*.

5.14 Hypersensitivity Reactions

Hypersensitivity reactions, including rash, urticaria, and angioedema have been reported with fingolimod in the postmarketing setting. Fingolimod is contraindicated in patients with history of hypersensitivity to fingolimod or any of its excipients *[see Contraindications (4)]*.

6 ADVERSE REACTIONS

The following serious adverse reactions are described elsewhere in labeling:

- Bradyarrhythmia and Atrioventricular Blocks *[see Warnings and Precautions (5.1)]*
- Infections *[see Warnings and Precautions (5.2)]*
- Progressive Multifocal Leukoencephalopathy *[see Warnings and Precautions (5.3)]*
- Macular Edema *[see Warnings and Precautions (5.4)]*
- Liver Injury *[see Warnings and Precautions (5.5)]*
- Posterior Reversible Encephalopathy Syndrome *[see Warnings and Precautions (5.6)]*
- Respiratory Effects *[see Warnings and Precautions (5.7)]*
- Fetal Risk *[see Warnings and Precautions (5.8)]*
- Severe Increase in Disability After Stopping Fingolimod *[see Warnings and Precautions (5.9)]*
- Tumefactive Multiple Sclerosis *[see Warnings and Precautions (5.10)]*
- Immune Effects of Herpes Viruses *[see Warnings and Precautions (5.11)]*
- Malignancies *[see Warnings and Precautions (5.12)]*
- Immune System Effects Following Fingolimod Discontinuation *[see Warnings and Precautions (5.13)]*
- Hypersensitivity Reactions *[see Warnings and Precautions (5.14)]*

6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

Adults

In clinical trials (Studies 1, 2, and 3), a total of 1212 patients with relapsing forms of multiple sclerosis received fingolimod 0.5 mg. This included 702 patients who received fingolimod 0.5 mg in the 2-year placebo-controlled trials (Studies 1 and 2) and 418 patients who received fingolimod 0.5 mg in the 1-year active-controlled trial (Study 3). The overall exposure in the controlled trials was equivalent to 1174 if patient-years. Approximately 1000 patients received at least 2 years of treatment with fingolimod capsules 0.5 mg. In all clinical studies, including uncontrolled extension studies, the exposure to fingolimod 0.5 mg was approximately 4119 if patient-years.

In placebo-controlled trials, the most frequent adverse reactions (incidence ≥ 10% and greater than placebo for fingolimod 0.5 mg were headache, liver transaminase elevation, diarrhea, cough, influenza, sinusitis, back pain, abdominal pain, and pain in extremity. Adverse reactions that led to treatment discontinuation and occurred in more than 1% of patients taking fingolimod 0.5 mg, were acute transaminase elevations (4.7% compared to 1% on placebo) and basal cell carcinoma (1% compared to 0.3% on placebo).

Table 1 lists adverse reactions in clinical studies in adults that occurred in ≥ 1% of fingolimod treated patients and ≥ 1% higher rate than for placebo.

Table 1: Adverse Reactions Reported in Adult Studies 1 and 2 (Occurring in ≥ 1% of Patients and Reported for Fingolimod 0.5 mg at ≥ 1% Higher Rate than for Placebo)

Adverse Drug Reactions	Fingolimod 0.5 mg N = 702 %	Placebo N = 773 %
Infections		
Influenza	11	9
Sinusitis	11	8
Bronchitis	9	5
Herpes zoster	2	1
Herpes simplex	2	< 1
Cardiac disorders		
Bradycardia	1	< 1
Nervous system disorders		
Headache	26	24
Migraine	6	4
Gastrointestinal disorders		
Nausea	13	11
Diarrhea	12	10
Abdominal pain	11	10
General disorders and administration site conditions		
Asthenia	2	1
Musculoskeletal and connective tissue disorders		
Back pain	10	9
Pain in extremity	10	7
Skin and subcutaneous tissue disorders		
Alopecia	3	2
Actinic keratosis	2	1
Investigations		
Liver transaminase elevations (ALT/AST/GGT)	15	4
Blood triglycerides increased	3	1
Respiratory, thoracic, and mediastinal disorders		
Cough	12	11
Dyspnea	9	7
Eye disorders		
Vision blurred	4	2
**Vascular disorders

7.2 Ketoconazole
The blood levels of fingolimod and fingolimod-phosphate are increased by 1.7-fold when used concomitantly with ketoconazole. Patients who use fingolimod and systemic ketoconazole concomitantly should be closely monitored, as the risk of adverse reactions is greater.

7.3 Vaccines
Fingolimod reduces the immune response to vaccination. Vaccination may be less effective during and for up to 2 months after discontinuation of treatment with fingolimod *[see Clinical Pharmacology (12.2)]*. Avoid the use of live attenuated vaccines during and for 2 months after discontinuation of fingolimod, due to a potential risk of infection. It is recommended that pediatric patients, if possible, be brought up to date with all immunizations in agreement with current immunization guidelines prior to initiating fingolimod therapy.

7.4 Antineoplastic, Immunosuppressive, or Immune-Modulating Therapies
Antineoplastic, immune-modulating, or immunosuppressive therapies, including corticosteroids are expected to increase the risk of immunosuppression when co-administered with fingolimod. Concomitant use of these therapies with fingolimod was not studied. When switching from drugs with prolonged immune effects, such as cyclosporine, teriflunomide or natalizumab, the duration and mode of action of these drugs must be considered to avoid unintended additive immunosuppressive effects when initiating fingolimod *[see Warnings and Precautions (5.2)]*.

7.5 Drugs That Slow Heart Rate or Atrioventricular Conduction (e.g., Beta-blockers or diltiazem)
Experience with fingolimod in patients receiving concurrent therapy with drugs that slow the heart rate or AV conduction (e.g., beta blockers, digoxin, or heart rate-slowing calcium channel blockers such as diltiazem or verapamil) is limited. Because initiation of fingolimod treatment may result in an additional decrease in heart rate, concomitant use of these drugs during fingolimod initiation may be associated with severe bradycardia or heart block. Seek advice from the physician prescribing these drugs regarding the possibility to switch to drugs that do not slow the heart rate or atrioventricular conduction before initiating fingolimod. Patients who cannot switch should have overnight continuous ECG-monitoring after the first dose *[see Dosage and Administration (2.4), Warnings and Precautions (5.1)]*.

7.6 Laboratory Test Interaction
Because fingolimod reduces blood lymphocyte counts via redistribution in secondary lymphoid organs, peripheral blood lymphocyte counts cannot be utilized to evaluate the lymphocyte subset status of a patient treated with fingolimod. A recent CBC should be available before initiating treatment with fingolimod.

8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy
Risk Summary
Based on findings from animal studies, fingolimod may cause fetal harm when administered to a pregnant woman. Data from prospective reports in the Fingolimod Pregnancy Registry (FPR) are currently not sufficient to allow for an adequate assessment of the drug-associated risk for birth defects and miscarriage in humans.
In oral studies conducted in rats and rabbits, fingolimod demonstrated developmental toxicity, including an increase in malformations and embryofetal lethality, at exposures lower than the human dose of 0.5 mg/day. In rats, exposures were approximately 0.1 times the human dose of 0.5 mg/day on a body surface area (mg/m2) basis. The most common fetal visceral malformations in rats were persistent truncus arteriosus and ventricular septal defect. The receptor affected by fingolimod (sphingosine 1-phosphate receptor) is known to be involved in vascular formation during embryogenesis *[see Clinical Pharmacology]*. The relevance of the potential risk to a fetus.
In the US general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 % to 4% and 15% to 20%, respectively. The background risk of major birth defects and miscarriage for the indicated population is unknown.
Clinical Considerations
In females planning to become pregnant, fingolimod should be stopped 2 months before planned conception.
The possibility of severe increase in disability should be considered in women who discontinue or are considering discontinuation of fingolimod because of pregnancy or planned pregnancy. In many of the cases in which there was increase in disability after stopping fingolimod, patients had stopped fingolimod because of pregnancy or planned pregnancy *[see Warnings and Precautions (5.4)]*.
Data
Animal Data
When fingolimod was orally administered to pregnant rats during the period of organogenesis (0, 0.03, 0.1, and 0.3 mg/kg/day or 0, 1, 3, and 10 mg/kg/day), increased incidences of fetal malformations and embryofetal deaths were observed at all but the lowest dose tested (0.03 mg/kg/day), which is less than the recommended human dose (RHD) on a mg/m2 basis. Oral administration to pregnant rabbits during organogenesis (0, 0.3, 1.0, and 3 mg/kg/day) resulted in increased incidences of embryofetal mortality and fetal growth retardation at the mid and high doses. The no-effect dose for these effects in rabbits (0.3 mg/kg/day) is approximately 2 times the RHD on a mg/m2 basis.
When fingolimod was orally administered to female rats during pregnancy and lactation (0, 0.08, 0.25, 0.8, and 2.5 mg/kg/day), pup survival was decreased at all doses and a neurobehavioral (learning) deficit was seen in offspring at the high dose. The low-effect dose of 0.08 mg/kg/day is similar to the RHD on a mg/m2 basis.

8.2 Lactation
Risk Summary
There is no data on the presence of fingolimod in human milk, the effects on the breastfed infant, or the effects of the drug on milk production. Fingolimod is excreted in the milk of treated rats. When a drug is present in animal milk, it is likely that the drug will be present in human milk. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for fingolimod and any potential adverse effects on the breastfed infant from fingolimod or from the underlying maternal condition.

8.3 Females and Males of Reproductive Potential
Pregnancy Testing
The pregnancy status of females of reproductive potential should be verified prior to starting treatment with fingolimod *[see Use in Specific Populations (8.1)]*.
Contraception
Before initiation of fingolimod treatment, females of reproductive potential should be counseled on the potential for a serious risk to the fetus and the need for effective contraception during treatment with fingolimod *[see Warnings and Precautions (5.8) and Use in Specific Populations (8.1)]*. Since it takes approximately 2 months to eliminate the compound from the body after stopping treatment, the potential risk to the fetus may persist and women should use effective contraception during this period *[see Warnings and Precautions (5.8, 8.1)]*.

8.4 Pediatric Use
Safety and effectiveness of fingolimod for the treatment of relapsing forms of multiple sclerosis in pediatric patients 10 to less than 18 years of age were established in one randomized, double-blind clinical study in 215 patients (fingolimod n = 107, intramuscular interferon beta-1a n = 108) *[see Clinical Studies (14.2)]*.
In the controlled pediatric study, the safety profile in pediatric patients (10 to less than 18 years of age) receiving fingolimod 0.5 mg daily was similar to that seen in adult patients. In the pediatric study, cases of seizures were reported in 5.6% of fingolimod-treated patients and 0.9% of interferon beta-1a-treated patients.
It is recommended that pediatric patients, if possible, complete all immunizations in accordance with current immunization guidelines prior to initiating fingolimod therapy.
Safety and effectiveness of fingolimod in pediatric patients below the age of 10 years have not been established.
Juvenile Animal Toxicity Data
In a study in which fingolimod (0.2, 1.5, or 2.5 mg/kg/day) was orally administered to young rats from weaning through sexual maturity, changes in bone mineral density and persistent neurobehavioral impairment (altered auditory startle) were observed at all doses. Delayed sexual maturation was noted in females at the highest dose tested and in males at all doses. The bone changes observed in fingolimod-treated juvenile rats are consistent with a reported role of S1P in the regulation of bone mineral homeostasis.
When fingolimod (0.5 or 5 mg/kg/day) was orally administered to rats from the neonatal period through sexual maturity, a marked impairment of T-cell dependent antibody response was observed at both doses. This effect had not fully recovered by 6 or 8 weeks after discontinuation.
Overall, a no-effect dose for adverse developmental effects in juvenile animals was not identified.

8.5 Geriatric Use
Clinical MS studies of fingolimod did not include sufficient numbers of patients aged 65 years and over to determine whether they respond differently than younger patients. Fingolimod should be used with caution in patients aged 65 years and over, reflecting the greater frequency of decreased hepatic, or renal, function and of concomitant disease or other drug therapy.

8.6 Hepatic Impairment
Following administration of fingolimod phosphate, exposure is doubled in patients with severe hepatic impairment, patients with moderate hepatic impairment should be closely monitored, as the risk of adverse reactions may be greater *[see Warnings and Precautions (5.3), Clinical Pharmacology (12.3)]*.
No dose adjustment is needed in patients with mild or moderate hepatic impairment.

8.7 Renal Impairment
The blood level of some fingolimod metabolites is increased (up to 13-fold) in patients with severe renal impairment *[see Clinical Pharmacology (12.3)]*. The toxicity of these metabolites has not been fully explored. The risk of these metabolites has not been assessed in patients with mild or moderate renal impairment.

10 OVERDOSAGE

Fingolimod can induce bradycardia as well as AV conduction blocks (including complete AV block). The decline in heart rate usually starts within 1 hour of the first dose and is maximal within 6 hours in most patients *[see Warnings and Precautions (5.1)]*. In case of fingolimod overdosage, observe patients overnight with continuous ECG monitoring in a medical facility, and obtain regular measurements of blood pressure *[see Dosage and Administration (2.4)]*.
Neither dialysis nor plasmapheresis can result in removal of fingolimod from the body.

11 DESCRIPTION

Fingolimod is a sphingosine 1-phosphate receptor modulator.
Chemically, fingolimod is 2-Amino-2-[2-(4-octylphenyl)ethyl]-1, 3-propanediol Hydrochloride. Its structure is shown below:

Fingolimod hydrochloride USP is an off-white to white powder that is freely soluble in water and in alcohol. It has a molecular weight of 343.94 g/mol.
Fingolimod is provided as 0.5 mg hard gelatin capsules for oral use.
Each 0.5 mg capsule contains 0.56 mg of fingolimod hydrochloride USP, equivalent to 0.5 mg of fingolimod.
Each fingolimod 0.5 mg capsule contains the following inactive ingredients: black iron oxide, FD & C Blue # 2 Aluminum Lake, gelatin, iron oxide yellow, magnesium stearate, potassium hydroxide, povidone K-30, propylene glycol, shellac, sodium lauryl sulfate and titanium dioxide.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action
Fingolimod is metabolized by sphingosine kinase to the active metabolite, fingolimod-phosphate. Fingolimod-phosphate is a sphingosine 1-phosphate receptor modulator, and binds with high affinity to sphingosine 1-phosphate receptors 1, 3, 4, and 5. Fingolimod-phosphate blocks the capacity of lymphocytes to egress from lymph nodes, reducing the number of lymphocytes in peripheral blood. The mechanism by which fingolimod exerts therapeutic effects in multiple sclerosis is unknown, but may involve reduction of lymphocyte migration into the central nervous system.

12.2 Pharmacodynamics
Heart Rate and Rhythm
Fingolimod causes a transient reduction in heart rate and AV conduction on treatment initiation *[see Warnings and Precautions (5.1)]*.
Heart rate progressively increases after the first dose, returning to baseline within 1 month of the start of treatment.
Autonomic responses of the heart, including diurnal variation of heart rate and response to exercise, are not affected by fingolimod treatment.
Fingolimod treatment is not associated with a decrease in cardiac output.
Electrocardiograms
In a thorough QT interval study of doses of 1.25 or 2.5 mg fingolimod at steady-state, when a negative chronotropic effect of fingolimod was still present, fingolimod treatment resulted in a prolongation of QTc, with the upper boundary of the 90% confidence interval (CI) of 14.6 msec. There is no consistent signal of increased incidence of QTc outliers, either absolute or change from baseline, associated with fingolimod treatment. In MS studies, there was no clinically relevant prolongation of the QT interval in patients at risk for QT prolongation were not included in these studies.
Immune System
Effects of Fingolimod Treatment on Blood Lymphocyte Count
In a study in which 13 adult subjects received fingolimod 0.5 mg daily, the lymphocyte count decreased to approximately 60% of baseline within 4 to 6 hours after the first dose. With continued daily dosing, the lymphocyte count continued to decrease over a 2-week period, reaching a nadir count of approximately 500 cells/mcL or approximately 20% of baseline. In a placebo-controlled study in 1272 MS patients of whom 420 received fingolimod 0.5 mg daily and 418 received placebo, 18% (N = 76) of patients on fingolimod 0.5 mg reached a nadir of < 200 cells/mcL on at least 1 occasion. Six patient on placebo reached a nadir of < 200 cells/mcL. Lower lymphocyte counts are maintained with chronic daily dosing of fingolimod 0.5 mg daily.
Chronic fingolimod dosing leads to a mild decrease in the neutrophil count to approximately 80% of baseline. Monocytes are unaffected by fingolimod.
Peripheral lymphocyte counts increases are evident within days of stopping fingolimod treatment and typically normal counts are reached within 1 to 2 months.
Effect on Antibody Responses
Fingolimod reduces the immune response to vaccination, as evaluated in 2 studies.
In the first study, the immunogenicity of tetanus toxoid memory cells (IC/4) and pneumococcal polysaccharide vaccine (PPV-23) immunizations were assessed by IgM and IgG titers in a steady-state, randomized, placebo-controlled study in healthy adult volunteers. Compared to placebo, antigen-specific IgM titers were decreased by 81% and 25% in response to IC/4 and PPV-23, respectively, in subjects on fingolimod 0.5 mg. Similarly, IgG titers were decreased by 40% and 30%, in response to IC/4 and PPV-23, respectively, in subjects on fingolimod 0.5 mg daily compared to placebo. The responder rate for fingolimod 0.5 mg as measured by the number of subjects with a > 4-fold increase in IC/4 IgG was comparable to placebo and 20% lower for PPV-23 IgG, while the number of subjects with a > 4-fold increase in IC/4 and PPV-23 IgM was 75% and 40% lower, respectively, compared to placebo.
In the second study, the immunogenicity of tetanus toxoid was assessed by IgG titers in a steady-state study and was decreased by 20% in subjects on fingolimod 0.5 mg daily, compared to placebo. Immunologic responses were further decreased with fingolimod 1.25 mg (a dose higher than recommended in MS) *[see Warnings and Precautions (5.2)]*.
In the second study, the immunogenicity of Bacillus Calmette-Guerin (BCG) vaccination and tetanus toxoid vaccination was assessed in a 12-week steady-state, randomized, placebo-controlled study of fingolimod 0.5 mg in adult multiple sclerosis patients (n = 126). The responder rate, 2 weeks after vaccination, defined as a minimum 4-fold increase in antibody directed against at least 1 of the 3 tuberculin strains, was 54% for fingolimod 0.5 mg and 83% in the placebo group. The responder rate 2 weeks after vaccination, defined as seroconversion or a > 4-fold increase in antibody directed against tetanus toxoid was 40% for fingolimod 0.5 mg and 81% in the placebo group.
Pulmonary Function
Single fingolimod doses ≥1 mg (10-fold the recommended dose) are associated with a dose-dependent increase in airway resistance. In a 14-day study of 0.5, 1.25, or 5 mg/day, fingolimod was not associated with clinically relevant changes in pulmonary function. A drug-induced deterioration with exercise or an increase in airway responsiveness to methacholine. Subjects on fingolimod treatment had a normal response to a bronchodilator in studies in asthmatics.
In a 14 day placebo-controlled study of adult patients with moderate asthma, no effect was seen for fingolimod 0.5 mg (recommended dose in MS). A 10% reduction in mean FEV1 at 6 hours after dosing was observed in elderly patients receiving fingolimod 1.25 mg (a dose higher than recommended for use in MS) on Day 10 of treatment. Fingolimod 1.25 mg was associated with a 2.5-fold increase in the rate of mean short-acting beta-agonists.

12.3 Pharmacokinetics
Absorption
The T_{max} of fingolimod is 12 to 16 hours. The apparent absolute oral bioavailability is 93%.
Food intake does not alter C_{max} or AUC of fingolimod or fingolimod-phosphate. Therefore, fingolimod may be taken without regard to food intake.
Steady-state blood concentrations are reached within 1 to 2 months following once-daily administration and steady-state levels are approximately 10-fold greater than with the initial dose.
Distribution
Fingolimod (highly (86%) distributes to red blood cells. Fingolimod-phosphate has a smaller uptake in blood cells of ~17%. Fingolimod and fingolimod-phosphate are > 99.7% protein bound in plasma. Fingolimod and fingolimod-phosphate binding to albumin is expected to make it susceptible to displacement.
Fingolimod is extensively distributed to body tissues with a volume of distribution of about 1200 ± 260 L.
Metabolism
The predominant formation of fingolimod in human occurs by 2-step pathways by reversible stereoselective phosphorylation to the pharmacologically active (S)-enantiomer of fingolimod-phosphate, by sublime ketoreductase, catalyzed mainly by the cytochrome P450 4F2 (CYP4F2) and possibly other CYP4F isoenzymes with subsequent fatty acid-like degradation to inactive metabolites, and by formation of pharmacologically inactive non-polar ceramide analogs of fingolimod.
Inhibition or induction of CYP4F2 and possibly other CYP4F isozymes might alter the exposure of fingolimod or fingolimod-phosphate. In vitro studies in hepatocytes indicated that CYP3A4 may contribute to fingolimod metabolism in the case of strong induction of CYP3A4.
Following single oral administration of ^{14}C-fingolimod, the major fingolimod-related components in blood, as judged from their contribution to the AUC up to 816 hours post-dose of total radiolabeled components, are fingolimod itself (23.2%), fingolimod phosphate (10.2%), and inactive metabolites (M3 carboxylic acid metabolite (8.3%), M29 ceramide metabolites (8.3%), and M30 ceramide metabolites (7.3%).
Elimination
Fingolimod blood clearance is 6.3 ± 2.3 L/h, and the average apparent terminal half-life ($t_{1/2}$) is 6 to 9 days. Blood levels of fingolimod-phosphate decrease in parallel with those of fingolimod in the terminal phase, yielding a similar half-lives for both.
After oral administration, about 81% of the dose is slowly excreted in the urine as inactive metabolites. Fingolimod and fingolimod-phosphate are not excreted intact in urine but are the major components in the feces with amounts of each representing less than 2.5% of the dose.
Specific Populations
Pediatric Patients
The median fingolimod-phosphate fingolimod C_{max} normalization in pediatric MS patients aged 10 to less than 18 years was 1.16 ng/mL, as compared to 1.24 ng/mL in adult MS patients.
Geriatric Patients
The mechanism for elimination and results from population pharmacokinetics suggest that dose adjustment would not be necessary in geriatric patients. However, clinical experience in patients aged 65 years is limited.
Gender
Gender has no clinically significant influence on fingolimod and fingolimod-phosphate pharmacokinetics.
Race
The effects of race on fingolimod and fingolimod-phosphate pharmacokinetics cannot be adequately assessed due to a low number of non-white patients in the clinical program.
Renal Impairment
In adult patients with severe renal impairment, fingolimod C_{max} and AUC are increased by 22% and 43%, respectively, and fingolimod-phosphate C_{max} and AUC are increased by 26% and 14%, respectively, with no change in apparent elimination half-life. Based on these findings, the fingolimod 0.5 mg dose is appropriate for use in adult patients with renal impairment. Fingolimod 0.5 mg are approximately 2 times the previous 6 months. Prior therapy with interferon beta or glatiramer acetate up to the time of randomization was permitted.
Hepatic Impairment
In adult patients with severe hepatic impairment, fingolimod C_{max} and AUC are increased by 12% and 44%, respectively, and fingolimod-phosphate C_{max} and AUC are increased by 56% and 149%, respectively, with no change in apparent elimination half-life. Based on these findings, the fingolimod 0.5 mg dose is appropriate for use in adult patients with mild impairment. Fingolimod 0.5 mg are approximately 2 times the previous 6 months. Prior therapy with interferon beta or glatiramer acetate up to the time of randomization was permitted.
Fingolimod is not recommended for use in patients with moderate or severe hepatic impairment.
Drug Interactions
Fingolimod is not recommended for use in patients with moderate or severe hepatic impairment.