





stronger and begin to fight infections that have been hidden in your body for a long time. Call your healthcare provider right away if you start having new symptoms after starting your HIV-1 medicine.

- **Change in body fat** can happen in some people who taking HIV-1 medicines. These changes may include an increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the middle part of your body (trunk). Loss of fat from the legs, arms, and face may also happen. The exact cause and long-term health effects of these conditions are not known.
- **Increased bleeding for hemophiliacs.** Some people with hemophilia have increased bleeding with protease inhibitors including ritonavir.
- **Kidney stones**

- The most common side effects of ritonavir include:**
- diarrhea
  - tingling feeling or numbness in hands or feet or around the lips
  - nausea
  - rash
  - vomiting
  - feeling weak or tired
  - upper and lower stomach (abdominal) pain

Ritonavir oral solution contains a large amount of alcohol. If a toddler or young child accidentally drinks more than the recommended dose of ritonavir, it could make him/her sick from too much alcohol. Go to the nearest emergency room right away if this happens.

These are not all of the possible side effects of ritonavir. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

- How should I store ritonavir tablet?**
- Store ritonavir tablets in the original container given to you by the pharmacist.
  - Use ritonavir tablets by the expiration date.

- Store ritonavir tablets:**
- Store below 30°C (86°F). Exposure to temperatures up to 50°C (122°F) for seven days permitted.
  - Exposure to high humidity outside the original container for longer than 2 weeks is not recommended.

**Keep ritonavir and all medicines out of the reach of children.**

**General information about the safe and effective use of ritonavir**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information Leaflet. Do not use ritonavir for a condition for which it was not prescribed. Do not give ritonavir to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about ritonavir that is written for healthcare professionals.

**What are the ingredients in ritonavir tablets?**

**Active ingredient:** ritonavir USP

**Inactive ingredients:** colloidal silicon dioxide, copovidone, dibasic calcium phosphate anhydrous, sodium stearyl fumarate and sorbitan monolaurate. The tablets are coated with Opadry White which contains colloidal anhydrous silica, hydroxypropyl cellulose, hypromellose, polyethylene glycol, polysorbate 80, talc, and titanium dioxide.



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This Patient Information has been approved by the U.S. Food and Drug Administration.

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| Concomitant Drug Class:<br>Drug Name  | Effect on<br>Concentration of<br>Ritonavir or<br>Concomitant Drug | Clinical Comment   |
|---|---|--|
| Immunosuppressants:<br>cyclosporine,<br>tacrolimus,<br>sirolimus (rapamycin)  | ↑ immunosuppressants  | Therapeutic concentration monitoring is recommended for immunosuppressant agents when co-administered with ritonavir.  |
| Kinase inhibitors:<br>fostamatinib <i>also see<br/>anticoagulant agent<br/>above</i>  | ↑ fostamatinib<br>ritonavir steady state AUC                      | Monitor for toxicities of H400 exposure resulting in dose-related adverse events such as hepatotoxicity and neutropenia. Fostamatinib dose reduction may be required.  |
| Long acting beta-2-adrenergic agonist:<br>salmeterol  | ↑ salmeterol  | Concomitant administration of salmeterol and ritonavir is not recommended. The combination may result in increased risk of cardiovascular adverse events associated with salmeterol, including QT prolongation, palpitations and sinus tachycardia.  |
| Oral Contraceptives or<br>Patch Contraceptives:<br>ethinyl estradiol  | ↓ ethinyl estradiol   | Alternate methods of contraception should be considered.   |
| PD5 inhibitors:<br>avansil<br>sildenafil<br>tadalafil<br>vardenafil   | ↑ avanafil<br>↑ sildenafil<br>↑ tadalafil<br>↑ vardenafil         | Sildenafil when used for the treatment of pulmonary arterial hypertension (Revatio) is contraindicated due to the potential for sildenafil-associated adverse events, including visual abnormalities, hypotension, prolonged erection, and syncope (see Contraindications (4)). Do not use ritonavir with avanafil because a safe and effective avanafil dosage regimen has not been established. Particular caution should be used when prescribing sildenafil, tadalafil or vardenafil in patients receiving ritonavir. Coadministration of ritonavir with these drugs may result in an increase in PD5 inhibitor associated adverse events, including hypotension, syncope, visual changes, and prolonged erection. Use of PD5 inhibitors for pulmonary arterial hypertension (PAH): Sildenafil (Revatio) is contraindicated (see Contraindications (4)). The following dose adjustments are recommended for use of tadalafil (Adcirca) with ritonavir: Co-administration of ADICIRCA in patients on ritonavir: In patients receiving ritonavir for at least one week, start ADICIRCA at 20 mg once daily, increase to 40 mg once daily based upon individual tolerability. Co-administration of ritonavir in patients on ADICIRCA: Avoid use of ADICIRCA during the initiation of ritonavir. Stop ADICIRCA at least 24 hours prior to starting ritonavir. After at least one week following the initiation of ritonavir, resume ADICIRCA at 20 mg once daily, increase to 40 mg once daily based upon individual tolerability. Use of PD5 inhibitors for the treatment of erectile dysfunction: It is recommended not to exceed the following doses: • Sildenafil: 25 mg every 48 hours • Tadalafil: 10 mg every 72 hours • Vardenafil: 2.5 mg every 72 hours Use with increased monitoring for adverse events. A dose decrease may be needed for these drugs when co-administered with ritonavir. |
| Sedative/hypnotics: benzodiazepines, clonazepam, diazepam, estazolam, flurazepam, zolpidem  | ↑ sedative/hypnotics  | A dose decrease may be needed for these drugs when co-administered with ritonavir.   |
| Sedative/hypnotics: triazolam, orally administered midazolam  | ↑ triazolam<br>↑ midazolam  | Contraindicated due to potential for prolonged or increased sedation or respiratory depression (see Contraindications (4)).  |
| Sedative/hypnotics: triazolam, orally administered midazolam  | ↑ triazolam<br>↑ midazolam  | Contraindicated due to potential for prolonged or increased sedation or respiratory depression (see Contraindications (4)).  |
| Sedative/hypnotics: Pentamidine   | ↑ midazolam   | Co-administration should be done in a setting which ensures close clinical monitoring and appropriate medical intervention. The use of pentamidine for depression and/or prolonged sedation. Dose reduction for midazolam should be considered, especially if more than a single dose of midazolam is administered. A dose decrease of midazolam may be needed when co-administered with ritonavir.  |
| Standard:<br>Systemic (inhaled)<br>Nasal/Gastric:<br>Corticosteroids:<br>a. budesonide<br>b. ciclesonide<br>c. dexamethasone<br>d. fluticasone<br>e. methylprednisolone<br>f. mometasone<br>g. prednisone<br>h. triamcinolone | ↑ methylphenidate<br>↑ glucocorticoids                            | Concomitant use with corticosteroids whose exposures are significantly increased by strong CYP3A4 inhibitors can increase the risk for Cushing's syndrome and adrenal suppression. Alternative corticosteroids including budesonide and prednisolone (where PO and/or IV are less affected by strong CYP3A4 inhibitors relative to other studied steroids) should be considered, particularly for long-term use.   |

**USE IN SPECIFIC POPULATIONS**

When co-administering ritonavir with other protease inhibitors, see the full prescribing information for the co-administered protease inhibitor including important information for use in special populations.

**8.1 Pregnancy**

**Pregnancy Exposure Registry:** There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to ritonavir during pregnancy. Healthcare providers are encouraged to register patients by calling the Antiretroviral Pregnancy Registry (APR) at 1-800-258-4283.

**Risk Summary:** Prospective pregnancy data from the Antiretroviral Pregnancy Registry (APR) are not sufficient to adequately assess the risk of birth defects or miscarriage. Available data from the APR show no difference in the rate of overall birth defects for ritonavir compared to the background rate for major birth defects of 2.7% in the U.S. reference population of the Metropolitan Atlanta Congenital Defects Program (MACDP) (see Data). In animal reproduction studies, no evidence of adverse developmental outcomes was observed with oral administration of ritonavir to pregnant rats and rabbits. During organogenesis in the rat and rabbit, systemic exposure (AUC) was approximately 10% higher than human exposure at the recommended daily dose. In the rat, pre- and post-natal developmental study, maternal systemic exposure to ritonavir-containing regimen and 2.8% (95% CI: 2.2% to 3.5%) following second and third trimester exposure to ritonavir-containing regimens.

**Clinical Considerations:** Ritonavir oral solution is not recommended during pregnancy because there is no known safe level of alcohol exposure during pregnancy (see Clinical Considerations, Dosage and Administration (2.3) and Warnings and Precautions (5.2)). Ritonavir oral solution contains alcohol and propylene glycol and is not recommended during pregnancy because there is no known safe level of alcohol exposure during pregnancy (see Dosage and Administration (2.3) and Warnings and Precautions (5.2)).

**Human Data:** Based on prospective reports to the APR of approximately 6100 live births following exposure to ritonavir-containing regimens (including over 2800 live births exposed to the first trimester and over 3200 live births exposed in the second and third trimesters), there was no difference in the rate of overall birth defects for ritonavir compared with the background birth defect rate of 2.7% in the U.S. reference population of the MACDP. The prevalence of birth defects in live births was 2.5% (95% CI: 1.7% to 3.5%) following first trimester exposure to ritonavir-containing regimen and 2.8% (95% CI: 2.2% to 3.5%) following second and third trimester exposure to ritonavir-containing regimens.

White placental transfer of ritonavir and fetal ritonavir concentrations are generally low, detectable levels have been observed in cord blood samples and neonatal hair.

**Animal Data:** Ritonavir was administered orally to pregnant rats at 0, 15, 35, and 75 mg/kg/day and rabbits at 0, 25, 50, and 110 mg/kg/day during organogenesis (in gestation days 6 through 17 and 6 through 15, respectively). The incidence of resorptions due to ritonavir was observed in rats and rabbits at doses producing systemic exposures (AUC) equivalent to approximately 1/3 lower than human exposures at the recommended daily dose. Developmental toxicity observed in rats (early resorptions, decreased fetal body weight and ossification delays and developmental variations) occurred at a maternally toxic dose, at an exposure equivalent to approximately 1/3 lower than human exposure at the recommended daily dose. A slight increase in the incidence of cryptorchidism was also noted in rats (at a maternally toxic dose) at an exposure approximately 1/5 lower than human exposure at the recommended daily dose. Developmental toxicity was observed in rabbits (resorptions, decreased litter size and decreased weight) at maternally toxic doses approximately 1/3 times higher than the recommended daily dose, based on a body surface area conversion factor. In pre- and postnatal development study in rats, ritonavir was administered at doses of 0, 15, 35, and 60 mg/kg/day from gestation day 6 through postnatal day 20. At doses of 60 mg/kg/day, no developmental toxicity was noted with ritonavir dosage equivalent to 1/2 of the recommended daily dose, based on a body surface area conversion factor.

**8.2 Lactation**

**Risk Summary:** The Centers for Disease Control and Prevention recommend that HIV-infected mothers not breastfeed their infants to avoid risking postnatal transmission of HIV. Limited published data reports that ritonavir is present in human milk. There is no information on the effects of ritonavir on the breastfed infant or the effects of the drug on milk production. Because of the potential for (1) HIV transmission (in HIV-negative infants), (2) developing viral resistance (in HIV-positive infants) and (3) serious adverse reactions in a breastfed infant, breastfed mothers not to breastfeed while using ritonavir.

**8.3 Females and Males of Reproductive Potential**

**Contraception:** Use of ritonavir may reduce the efficacy of combined hormonal contraceptives. Advise patients using combined hormonal contraceptives to use an effective alternative contraceptive method or an additional barrier method of contraception (see Warnings and Precautions (7.2)).

**8.4 Pediatric Use:** In HIV-infected patients age greater than 1 month to 21 years, the antiviral activity and adverse event profile seen during clinical trials and through postmarketing experience were similar to that for adult patients.

**8.5 Geriatric Use:** Clinical studies of ritonavir did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal or cardiac function, and of concomitant disease or other drug therapy.

**8.6 Hepatic Impairment:** No dose adjustment of ritonavir is necessary for patients with either mild (Child-Pugh Class A) or moderate (Child-Pugh Class B) hepatic impairment. No pharmacokinetic or safety data are available regarding the use of ritonavir in subjects with severe hepatic impairment (Child-Pugh Class C). Therefore, ritonavir is not recommended for use in patients with severe hepatic impairment (see Warnings and Precautions (5.3), Clinical Pharmacology (7.2.3)).

**10 OVERDOSEAGE**

**Acute Overdose/Signs:** Human Overdose Experience: Human experience of acute overdose with ritonavir is limited. One patient in clinical trials related human ritonavir 1500 mg per day for two days. The patient reported parosmia which resolved after the dose was decreased. A post-marketing case of renal failure with encephalitis has been reported with ritonavir overdose. The approximate lethal dose was found to be greater than 20 times the related human dose in rats and 10 times the related human dose in mice.

**Management of Overdose:** Ritonavir oral solution contains alcohol and propylene glycol. Ingestion of the product over the recommended dose by a young child could result in significant toxicity and could potentially be fatal. Treatment of overdose with ritonavir consists of general supportive measures including monitoring of vital signs and observation of the clinical status of the patient. There is no specific antidote for overdose with ritonavir. If indicated, elimination of unabsorbed drug should be achieved by gastric lavage; usual precautions should be observed to maintain the airway. Administration of activated charcoal may also be used to aid in removal of unabsorbed drug. Since ritonavir is extensively metabolized by the liver and is a highly protein-bound, ritonavir is unlikely to be beneficial in significant removal of the drug. However, dialysis can remove both alcohol and propylene glycol in the case of overdose with ritonavir oral solution. A Certified Poison Control Center should be contacted for up-to-date information on the management of overdose with ritonavir.

**11 DESCRIPTION**

Ritonavir is an inhibitor of HIV protease with activity against the Human Immunodeficiency Virus (HIV). Ritonavir, USP, Chemically designated as 2,4,4',1,2'-Tetrakisaziridin-13-one, 10-Hydroxy-2-methyl-5-methyl-1-(2,1-methylene)-4'-thiazolyl-3,5-dione-5,1,1'-bis[phenylmethyl]-5-thiazolylmethyl ester (S)-enantiomer (S)-ritonavir, is molecular formula C<sub>24</sub>H<sub>30</sub>N<sub>4</sub>O<sub>5</sub>, and its molecular weight is 720.84. Ritonavir has the following structural formula:

